

the *healthy* living Center of Excellence



Evidence - Based Programs

Training Schedule 2020

Group Leader Trainings

Master Trainings

SMRC In-Person/Web-Based Trainings

Group Leader Trainings

A Matter of Balance Coach Training

Dates: May 5 & May 6, 2020

Time: 9:00 AM – 2:30 PM

Location: Bristol Elder Services, 1 Father DeValles Blvd, Fall River, MA 02723

Contact: Sandra Frechette: sandra.frechette@bristolelder.org or Crystal Polizzotti:
cpolizzotti@esmv.org

Registration Fee: Free of charge due to grant funding

Other: Lunch will be provided

Dates: June 10 & 11, 2020

Time: 9:30 AM – 2:30 PM

Location: Bedford Council on Aging, 12 Mudge Way, Bedford MA, 01730

Contact: Crystal Polizzotti E: cpolizzotti@esmv.org Ph. 978-651-3034

Registration Fee: No charge due to grant funding through MCOA

Other: Light breakfast and lunch provided

***Materials will be provided**

Chronic Disease Self-Management

1-Day Chronic Disease Self-Management

Dates: April 2, 2020

Time: 9:00 AM – 4:00 PM

Location: Old Colony Elder Services, 144 Main Street, Brockton, MA 02301

Contact: Pat Livie E: plivie@ocesma.org Ph. 508-584-1561

Registration Fee: \$75 per person

Other: Lunch will be provided

***Materials will be provided**

Chronic Disease Self-Management Update

Dates: May 5, 2020

Time: 9:00 AM – 3:30 PM

Location: Methuen Senior Center, 77 Lowell Street, Methuen, MA 01844

Contact: Kara Lakin E: klakin@esmv.org Ph. 978-651-3068

Registration Fee: No fee

Other: Light lunch and materials provided

Chronic Disease Self-Management Update

Dates: May 18, 2020

Time: 9:00 AM – 3:30 PM

Location: BayPath Elder Services, 33 Boston Post Rd W, Marlborough, MA 01752

Contact: Renee D'Argento E: rd'argento@baypath.org Ph. 508-573-7214

Registration Fee: No fee

Other: Lunch will be provided

***All class materials will be provided, however, participants who are not BayPath leaders will have to purchase their own new Living a Healthy Life book.**

4-Day Chronic Disease Self-Management

Dates: June 10, 11, 17, & 18, 2020

Time: 8:30 AM – 4:30 PM

Location: 204 South Meadow Road, Plymouth, MA 02360

Contact: Pat Livie E: plivie@ocesma.org Ph. 508-584-1561

Registration Fee: \$150 per person

Other: Lunch will be provided

***Materials will be provided**

Master Trainings

SMRC In-Person/ Web-Based Trainings:

For Active Master Trainers Only:

Please note: A registration fee by Self-Management Resource Center (formally known as Stanford's Patient Education Research Center) is required. For more information, please visit either of SMRC websites;

<https://www.selfmanagementresource.com/> (for recertification training) or
<https://www.selfmanagementresource.com/training/> (for crossover trainings).

Web-based: Cross-Trainings

Diabetes Self-Management

TBD

Positive Self-Management

TBD

Workplace CDSMP Trainer Orientation

TBD

A Matter of Balance Master Trainer Session Information:

For more information please contact Partnership for Healthy Aging:

PFHA@mainehealth.org

Phone# 207-661-7120