

the *healthy* living Center of Excellence



Evidence - Based Programs

Training Schedule 2020

Group Leader Trainings

Master Trainings

SMRC In-Person/Web-Based Trainings

Group Leader Trainings

A Matter of Balance Coach Training

Chronic Disease Self-Management

Chronic Disease Self-Management Update

Dates: TBD

Time: 9:00 AM – 3:30 PM

Location: Methuen Senior Center, 77 Lowell Street, Methuen, MA 01844

Contact: Kara Lakin E: klakin@esmv.org Ph. 978-651-3068

Registration Fee: No fee

Other: Light lunch and materials provided

Chronic Disease Self-Management Update

Dates: TBD

Time: 9:00 AM – 3:30 PM

Location: BayPath Elder Services, 33 Boston Post Rd W, Marlborough, MA 01752

Contact: Renee D'Argento E: rd'argento@baypath.org Ph. 508-573-7214

Registration Fee: No fee

Other: Lunch will be provided

***All class materials will be provided, however, participants who are not BayPath leaders will have to purchase their own new Living a Healthy Life book.**

Master Trainings

SMRC In-Person/ Web-Based Trainings:

For Active Master Trainers Only:

Please note: A registration fee by Self-Management Resource Center (formally known as Stanford's Patient Education Research Center) is required. For more information, please visit either of SMRC websites; <https://www.selfmanagementresource.com/> (for recertification training) or <https://www.selfmanagementresource.com/training/> (for crossover trainings).

Web-based: Cross-Trainings

Diabetes Self-Management

TBD

Positive Self-Management

TBD

Workplace CDSMP Trainer Orientation

TBD

A Matter of Balance Master Trainer Session Information:

For more information please contact Partnership for Healthy Aging:

PFHA@mainehealth.org

Phone# 207-661-7120