Evidence - Based Programs

Training Schedule 2022

Group Leader Trainings
Master Trainings
SMRC In-Person/Web-Based Trainings
Group Leader Trainings

**Healthy IDEAS Training**
January 5 & 6, 2022 9am-12:30pm  
Remote via zoom  
Registration deadline 12/23/21  
To register please contact Melissa Donegan at mdonegan@esmv.org

**Disease Self-Management Program**
January 24-28, 2022 (all days are required)  
In person at Greater Lynn Senior Services 280 Union St Lynn, MA  
Cost: $200  
To register for the training please contact Jousette Anaya at janaya@glss.net or call 978-398-9115

**A Matter of Balance**
February 2 & 3, 2022 (both days are required)  
In person at Greater Lynn Senior Services 280 Union St Lynn, MA  
Cost: $100  
To register for the training please contact Jousette Anaya at janaya@glss.net or call 978-398-9115

**Master Trainings**
None scheduled at this time.

**SMRC In-Person/ Web-Based Trainings:**

If you have people you would like to receive this training, please have them register on our website at the following link: SMRC - SMRC (selfmanagementresource.com). Scroll down that screen and click on the box labeled CROSS. Each trainee must register themselves.

Updated 12/1/2021