

the
healthy living
Center of Excellence



Formerly Elder Services of the Merrimack Valley North Shore

Evidence - Based Programs

Training Schedule 2023

For:

Group Leader Trainings

SMRC In-Person/Web-Based Trainings

Group Leader Trainings

- **Chronic Disease Self-Management Leader Training**

Tri-Valley is hosting an in person leader training.

Dates: September 27, 28 and October 4, 5

Time: 9a-4p

Lunch provided each day

Please contact: Gina Metras gmetras@tves.org or 508-949-6640 ext. 3339

SMRC In-Person/ Web-Based Trainings:

- **Update and Cross Trainings.**

To register please visit website (Training Calendar) -

<https://selfmanagementresource.com/events/>

SMRC is offering a CDSMP to Tomando Control de su Salud cross-training on September 11 at 9:30 AM (Pacific Time). If your organization has bilingual CDSMP Leaders who want to deliver workshops in Spanish this is the opportunity to get cross-trained. This is the link to create an account and register: <https://selfmanagementresource.com/event/event-related-training-id82690/>