

the
healthy living
Center of Excellence



Formerly Elder Services of the Merrimack Valley North Shore

Evidence - Based Programs

Training Schedule 2023

For:

Group Leader Trainings

SMRC In-Person/Web-Based Trainings

Group Leader Trainings

- **Chronic Disease Self-Management Leader Training-REMOTE**

LifePath is hosting a remote training

Dates: December 1, 2023-January 12, 2024

Time: 10am-12:30pm

Please contact: Andi Waisman awaisman@lifepathma.org or 413-773-5555

SMRC In-Person/ Web-Based Trainings:

- **Update and Cross Trainings.**

To register please visit website (Training Calendar) -

<https://selfmanagementresource.com/events/>